

TRAVELER'S GUIDE TO BED BUGS



Sleep tight! We won't let the bed bugs bite!

Feeling a little antsy about traveling with all this talk about bed bugs? Not to worry! Follow these simple tips to avoid sleeping with bed bugs and bringing them home in your suitcase.

cowboy-pest-management.com

1

PRODUCED BY ULTIMATE IT GUYS

TRAVELER'S GUIDE TO BED BUGS



Tips for your vacation or business trip that will help you avoid those creepy crawlies!

#1 Book a room in a reputable hotel.

#2 Check bedbugregistry.com for recent complaints or reports of bed bugs.

#3 Travel light; the less you pack, the better!

#4 Include a trash bag in your luggage; it is good to seal off your bags in a hotel room when you are not using them.

#5 Check the mattress seams, sheets, pillows, and box springs for any movement or blood stains. It is best to take a high-intensity light as bed bugs are hard to see.

#6 After your trip, put your laundry straight into the washer.

#7 Heat up your luggage for several hours; we recommend setting your suitcases outside or leaving them in a hot car during the summer. Bed bugs are drawn out by heat.

cowboy-pest-management.com

2

PRODUCED BY ULTIMATE IT GUYS

TRAVELER'S GUIDE TO BED BUGS



What if it is too late?! What if I find bed bugs in my home?

Cowboy Pest Management offers:

- **FREE** estimates!
- Trained bed bug detection dog--one of a kind in Oklahoma!
- 100% effective heat treatments! No chemicals, great results!
- Great customer service!

CALL US TODAY! (405) 247-0108

cowboy-pest-management.com

3